**July Activities for Harbourside Friendships**

**& Pender Harbour Seniors Initiative**

**Harbourside Friendships** - **Thursdays** **Drop-In program 10:30am – 12pm** in the PH Community Hall. No lunch will be served at this time. We do encourage all to bring your own packed lunch to enjoy as a group following the program.

**July 7** – **Road Trip - Garden Tour to GeoPia’s** travel by volunteer drivers

**July 14 – Share your Hobby / Craft / Art with others**

**July 21** – **Come Learn a New Game**

**July 28** –**Music with Eddy Edrick**

**Carpet Bowling** – **Wednesdays, July 6, 13, 20 & 27** at the PH Com. Hall 1-3pm Cost $3

**Chair Yoga – No Chair Yoga this month. Meanwhile keep practicing on your own and keep active!**