

A non-profit society governed by local volunteers dedicated to the health and wellness needs of our community.

*Local health matters*

## PHHC launches seniors' food security program

Further to our announcement in January, the Pender Harbour Health Centre would like to let the community know of another NEW Better at Home program that we have recently launched.

This new program is called the Pender Harbour Better at Home Food Security Program.

This new food security program aims to give 12 eligible seniors in Pender Harbour and surrounding communities access to eight free nutritious meals biweekly which are delivered to their homes by one of our valued Better at Home volunteers.

The program aims to lower barriers to food security, provide healthy meal options for seniors and help create some financial security for those accessing the program.

This new program is funded by United Way BC and supported by the Sunshine

Coast Healthy Aging Community Collaborative.

We would also like to give a notable mention to the Sechelt Seniors Activity Centre who have partnered with the PHHC to provide these meals to seniors in Pender Harbour. We appreciate their support and collaboration as we develop and deliver this new program.

During our 2024 Community Needs Process financial instability and food security challenges were identified as key issues for the community.

The PHHC is happy that we can start to address these challenges through this new senior food security program.

If you would like know more about this program then please reach out to our Better at Home Coordinator Haida at 604-212-2232 or [haida.bolton@penderharbourhealth.com](mailto:haida.bolton@penderharbourhealth.com).



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## P. H. Health Centre seeks physician housing support

The PHHC is always actively seeking ways to bring new physicians and nurse practitioners to the Health Centre as we know how much this is needed. The PHHC is currently a member of the Division of Family Practice Recruitment and Retention Committee and is also working with the Sunshine Coast Primary Care Network (PCN) to attract physicians to our community.

Given the challenges that exist provincially and locally here on the Sunshine Coast where around 7,000 community members remain unattached, the Sunshine Coast PCN has recently hired a marketing agency named Anchor Marketing to help promote the Sunshine Coast to prospective physicians. The PHHC has been identified as one of their first strategies given the need in our community.

To attract physicians, Anchor Marketing have reached out to the Health Centre to see if we are able to source suitable part-time and full-time housing options for physicians and their families. This is where we are reaching out to you, the community.

**If you have a short-term or long-term rental property that you would be willing to offer to a prospective physician or NP, we ask that you reach out to our Executive Director Nick Gaskin at [nick.gaskin@penderharbourhealth.com](mailto:nick.gaskin@penderharbourhealth.com).**