

A non-profit society governed by local volunteers dedicated to the health and wellness needs of our community.

*Local health matters*

## PHHC launches Pender Harbour Seniors Link

The Pender Harbour Health Centre and our Better at Home program is proud to announce the launch of a new transportation service for Sunshine Coast seniors named Pender Harbour Seniors Link.

The Pender Harbour Seniors Link is a free transportation service funded by United Way BC and is a collaboration with the Sunshine Coast Health Aging Community Collaborate.

The HACC is made up of Sunshine Coast senior-serving organizations including the Sunshine Coast Resource Centre, Sunshine Coast Community Services Society, P. H. Health Centre, Sechelt Seniors Activity Centre and the Gibsons Seniors Society.

The Pender Harbour Seniors Link is a free hop on/hop off bus service offered weekly on Tuesday, Wednesday and Thursday and allows seniors (60+) from Egmont to Sechelt access to an accessible transportation option. The PHHC will be utilizing our accessible six-seater minibus to deliver this new service.

This service will relaunch on Thursday, Jan. 2, 2025, after a short winter break.



If the service is unavailable, the PHHC will make updates on our Facebook page and website. You can also call 604-883-2764 and staff will be able to provide updates and answer questions.

The PHHC would like to thank United Way BC and their Better at Home program for the funding to allow us to launch this new service. We also want to thank the organizations that make up the HACC for their support and collaboration. A heartfelt thank you also goes to those organizations and business that have partnered with us to allow us to stop at their locations.

In our recent community needs assessment report, transportation was identified as a key challenge for community members living in the "transportation desert" that is Pender Harbour and the surrounding communities.

The PHHC is excited to build on the recommendations from that report and bring an accessible transportation option to seniors in these communities and we look forward to welcoming seniors onboard.

**ON THE FOLLOWING PAGE YOU WILL FIND THE FULL SCHEDULE FOR THIS SERVICE.**

## A special Pender Harbour Health Centre thank you!

We would like to acknowledge and show our appreciation to Gerrit and Agnes Mey and the Mey family for their recent generous donation towards our Physician Wing renovation project at the Health Centre.

### WHEN ASKED ABOUT THEIR DONATION, GERRIT AND AGNES PROVIDED THE FOLLOWING WORDS:

"The Pender Harbour area, and specifically Sakinaw Lake have been a special place to our family for over 50 years. Supporting this community is a privilege and we hope this gift inspires others to support the new physician's wing at the Pender Harbour Health Centre." ~ Gerrit and Agnes Mey

If you would like to join Gerrit and Agnes in making a donation toward the Physicians Wing renovation project, please reach out to our Finance and Administration Manager at [John.rathbone@penderharbourhealth.com](mailto:John.rathbone@penderharbourhealth.com).

# PENDER HARBOUR SENIORS LINK

a free accessible transportation service for coast seniors

Relaunching on  
January 2nd 2025

## Latest Schedule

Tuesday, Wednesday & Thursday

Hop On/Hop Off Schedule (Tuesday – Thursday only)			
	Bus Stop Location	Egmont to Sechelt	Sechelt to Egmont
1	Bathgate Store (Egmont)	9.00 am	3.30 pm
2	Petro Canada (Maderia Park)	9.30 am	3.00 pm
3	Pender Harbour Community Hall	9.40 am	2.50 pm
4	Lily Lake Housing <i>*No parking on site at Lily Lake</i>	9.50 am	2.40 pm
5	Pender Harbour Health Centre	10.00 am	2.30 pm
6	Halfmoon Bay Bus Stop (Highway 101)	10.15 am	2.15 pm
7	Trail and Cowrie St (Sechelt)	10.30 am	2.00 pm
8	Sechelt Seniors Activity Centre	10.38 am	1.52 pm
9	Sunshine Coast Community Services Food Bank <i>*Foodbank operates on Wednesday only</i>	10.45 am	1.45 pm
10	Sechelt/shishalh Hospital	10.52 am	1.38 pm
11	Your Independent Grocer	11.00 am	1.30 pm
During the 2.5-hour wait in Sechelt the bus will continue to offer pick up and drop off between Sechelt locations between the following times: <ul style="list-style-type: none"> <li>• 11am – 12pm</li> <li>• 1pm – 1.30pm</li> </ul>			
<b>Please note:</b> the PHHC minibus will stop at each stop for 2-3 minutes before heading to the next stop.			



Better  
at Home



United Way helping seniors remain independent.

