

A non-profit society governed by local volunteers dedicated to the health and wellness needs of our community.

*Local health matters*

## Primary care physician and nursing services at the Pender Harbour Health Centre

The Pender Harbour Health Centre leadership has recently received questions from the community related to access to primary care services at the health centre — what services exist, who can access these services and how patients can access them.

We wanted to use this opportunity to answer some questions and provide some clarity.

### PHYSICIAN SERVICES

At present, the PHHC has one part time doctor, namely Dr. Bazilli who is currently attached to around 450 patients.

- **Clinic Days:** Tuesday and Thursday from 8am to 12pm.

- **How to schedule an appointment:** Call 604-883-2764 from 8am on Tuesday and Thursday, staff schedule based on need.

- **Appointments offered:** In person and virtual, based on need.

- **Who can see the doctor:** Patients who were connected to Dr Sutton who have not been connected to a new doctor.

### GENERAL CLINIC SERVICES

The PHHC offers clinic services on site which are staffed by our team of experienced registered nurses.

- **Clinic Days:** Monday to Friday, from 8:20am to 3:40pm

- **Services offered:** IV therapy, wound care, ECG tracings, blood-work, immunizations, laboratory service and walk-in emergencies (work related injury, heart attack, stroke etc.).

- **Who can schedule an appointment:** Any patient, if they have a blood requisition or need wound care, dressing changes or any of the above services.

- **How to schedule an appointment:** Call 604-883-2764 from 8am.

Presently there is a one-week wait for appointments.

- **Important Information:** You do not have to be connected to the PHHC physician to access our clinic.

### SPECIALIZED CLINICS

The PHHC and our nursing team are proud to offer the following specialized clinic services.

You do not need to be referred by a physician to access the following clinics, simply call the PHHC reception at 604-883-2764 for more information, to schedule an appointment or drop in, if appropriate:

#### Diabetes Clinic

- **When:** By appointment every

Thursday from 9.30am-5pm.

- **Who can access:** Any patient in our community who has been diagnosed with diabetes or is at risk of diabetes.

Patients can also be referred by their family practitioner.

- **Information:** This clinic is staffed by our registered nurse and a dietitian (free of charge).

#### Chronic Disease Management Clinic

- **When:** By appointment.

- **Who can access:** Any patient who has a chronic health condition including COPD and heart disease.

Patients can also be referred by their family practitioner.

- **Information:** Patients accessing CDM can also access the dietitian free of charge.

#### Youth Health Clinic

- **When:** Drop in every Tuesday, 3pm – 5pm.

- **Who can access:** Any youth (12-25) in community.

Further to the above we look forward to launching the Primary Care Network at the PHHC this year which will bring more primary care providers and services to the community.

Watch for updates in the Harbour Spiel.