

A non-profit society governed by local volunteers dedicated to the health and wellness needs of our community.

Local health matters

PHHC: Bringing Partners to the Harbour

Over the past year the Pender Harbour Health Centre staff and leadership have been working purposefully to collaborate with our Sunshine Coast community partners to bring new resources, information and education to the Pender Harbour community. As your Community Health Centre we understand the importance of our role in bringing these partners to our patients and community locally here in Pender Harbour.

Already in 2025, we hosted the Sunshine Coast Community Response Network who provided a presentation on Excessive Clutter in January to 23 folks at the P. H. Community Hall.

Further, in February the PHHC hosted the Mobile Response Team from Vancouver who provided a facilitated workshop on grief and loss at the Health Centre for those working on the front-line of the toxic drug crisis in our community.

As we enter March, we would like to share with you some important events from our partners in conjunction with the Pender Harbour Health Centre that are coming to the community this month:

March 5:

BC Housing and the Homelessness Services Association of BC are holding the 2025 Homeless Count. Volunteers will be out in community (look for the yellow badges) and unhoused community members can also come to the PHHC on the day to complete a survey with Health Centre staff.

March 6:

Cover the Coast Alliance for Affordable Housing are holding an information session on seniors housing at the Harbourside Friendship gathering (10.30am – 12 noon) and at the PHHC (12.30pm – 2pm). At these events you can learn about seniors' housing initiatives, share your experiences and complete the new Seniors Housing Survey (www.coverthecoast.org/survey-2025/).

March 20:

At the Harbourside Friendship gathering at 10.30am in the Pender Harbour Community Hall, the Sunshine Coast Primary Care Network will be providing a community presentation on their community pharmacist role. The community pharmacist Eric and PHHC leadership will be there to present on the rollout of the community pharmacist and its integration into the team at the PHHC.

March 27:

Harbourside Friendships in partnership with Gibsons Seniors Society and United Way BC will be hosting our free monthly social meal. If you live in Pender Harbour or surrounding communities, we welcome you to come to this event, enjoy a free meal and engage with other community members.

The Pender Harbour Health Centre will continue to look at ways of bringing more of our partners to the community to offer their valuable programs and resources.

Check out the PHHC Facebook, website and the *Harbour Spiel* for updates on more events to come this year.



Pictured (l-r): Marlene Cymbalist, PHHC Community Engagement, April Struthers, CRN presenter and Haida Bolton, PHHC Better at Home Coordinator.